

make an impression....

the beautiful mountain

provides quality, innovative food delivered directly to you.

breakfasts

the beautiful mountain now delivers breakfasts straight to your desk.
we provide healthy, fresh and satisfying food to get you through those early meetings.

<ul style="list-style-type: none"> • fresh pancakes with : £5.80 - tropical fruits, maple syrup and yoghurt - maple syrup & crispy bacon • selection of breakfast croissants & bagels: £4.00 - ham & cheese - egg mayonnaise & crispy bacon - cream cheese & cherry plum tomatoes - fresh butter and preserves • fresh muffins £1.65 	<ul style="list-style-type: none"> • freshly baked danish pastries £1.65 • organic muesli on grated apple with greek yougurt £4.70 and a swirl of heather honey • yoghurt with real fruit pieces £1.00 • tropical fruit salad (minimum 6 portions) £1.50 • freshly squeezed orange or pressed apple juice £2.00 • innocent fresh fruit smoothies £2.40 • freshly brewed coffee or organic tea in insulated pots, £9.00 supplied with cups, milk and sugar (Serves 6)
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sandwiches

carefully hand-made for your order on: baguettes, rolls, sliced bread (wholemeal or white), bagels or tortilla wraps

classic selection

£3.50

chicken • tuna • cheddar • gouda • brie • stilton • gruyere
sliced boiled egg • egg mayonnaise • ham
roast beef • b.l.t. • crunchy garden salad
hummus • avocado • grilled red peppers
spicy bean paté • crunchy peanut butter

luxury selection

£4.00

chicken & bacon • chicken, bacon & avocado
chicken & grilled red peppers • tandoori chicken • thai chicken •
prawn • prawn & avocado • smoked salmon & cream cheese
cheese and bacon • stilton, apple & walnut • brie & grape • egg &
bacon • egg & anchovy • ham & any cheese • salami • pastrami
hummus & grilled red peppers • crunchy peanut butter & bacon
avocado & grilled red peppers • roasted mediterranean vegetables

you can specify the sandwiches you would like, or we can make the selection for you

canapés

guaranteed to be free from soggy chicken drumsticks!

canapés 1

minimum order of 6 portions

£1.50

- individual quiche:
- quiche lorraine
- leek and parmesan
- chargrilled chicken skewers with a spicy satay dip
- sausage and caramelised onion rolls
- chargrilled prawns and chilli jam
- hummus with crudités
- smoked salmon on rye bread with cream cheese and fresh dill
- mozzarella, avocado & candy tomato skewers
- own recipes sausages with a honey & mustard glaze
- chargrilled thai chicken or prawn skewers
- bruschetta
- chargrilled tandoori chicken or prawn skewers
- sun-dried tomato and basil tartlettes
- palmiers (savory pastry puffs)
- tropical fruit salad

canapés 2

minimum order of 12 portions

£1.50

- tortilla de patate (spanish potato omlette)
- baby yorkshire puddings with roast beef & horseradish cream
- chicken liver pâté with cranberry chutney on oatcakes
- goats cheese and red onion marmalade tarts
- spicy meatballs with home-made ketchup

platters

minimum order of 6 portions

- selection of cheeses with oatcakes, apple and grapes £3.75
- selection of continental cold meats with olives, cherry tomatoes and bread £4.50
- selection of cheeses and meats with oatcakes, bread and accompaniments £6.00

cakes

tantalising treats from the beautiful mountain bakehouse.

£1.65

chocolate and walnut fudge brownie • lemon and lime cheesecake • chocolate tiffin • fruit loaf
banana bread • various muffins • carrot cake • chocolate caramel shortbread
crunchy lemon topped cake • chocolate date crisps • scones

extras

• freshly squeezed orange or pressed apple juice	£2.00	• coke, irn-bru, fanta (cans)	£1.00
• innocent fresh fruit smoothie	£2.40	• coke, irn-bru, fanta (bottles)	£1.25
• innocent juicy water	£1.80	• mineral water - still or sparkling	£0.75
• san pellegrino old fashioned lemonade or orange	£1.25	• fentiman's real brewed: lemonade, orange jigger or curiosity cola	£1.40
• bundaberg real brewed ginger beer	£1.40	• tyrells hand cooked crisps. 50g packs	£0.80
• piece of fruit (apple, banana or grapes)	£0.70		

ordering

please allow 24 hours notice for orders
however, if you have a last minute meeting, please call us, we will do all
we can to help you.

orders cancelled with less than 24 hours notice may be subject to
charges.

delivery

delivery to your premises is included in the price.
however, a minimum order applies

city centre orders under £25.00, a delivery charge of £5.00 applies
(area bounded by river dee, river don & anderson drive)

outwith city centre orders under £40.00, a delivery charge of £7.50
applies.

outwith city boundries minimum orders and charges vary.

presentation

all orders are attractively arranged on garnished platters and include
napkins, plates, glasses and cutlery.

our food will reflect your quality....beautifully!

contact details

susan or eric

tel: 01224 645353 (café)

tel/fax: 01224 639472 (office)

or 07753 804584 (mobile)

our menus are not carved in stone, we are happy to discuss any
special requirements you may have.

all delivered orders are subject to v.a.t. @17.5%



the beautiful mountain

sandwich café
11-13 belmont street
aberdeen
tel: 01224 645353

catering menu

• breakfasts • sandwiches • canapés • cakes • drinks •

valid from october 2006